

Personal Responsibility Action Plan

Action Plan Information

date

young person
name

level of
concern

issued for

The people and things around you can greatly influence your behaviour. By creating positive and supportive relationships at work and home, it can be easier to change your behaviour.

What do I recognise as the triggers for the negative choice I made?

1.

2.

What did I think I would get out of making the negative choice?

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What do I risk losing if I can't change this behaviour or make the same negative choice again?

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.....

Personal Responsibility Action Plan

I agree to do the following to change my behaviour:

1.

2.

3.

4.

5.

What are the benefits of changing this behaviour? This could be about how it makes you feel about yourself, how others see you or treat you, or your own security.

Short Term Benefits

1.

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2.

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Long Term Benefits

1.

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2.

.....

What might get in my way? What are the potential barriers?

1.

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2.

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3.

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What strategies will I use to overcome these barriers?

1.

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2.

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3.

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I will give myself the following reward for meeting these milestones:

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Personal Responsibility Action Plan

My workers agree to support me:

1.

2.

3.

4.

5.

Next Steps

Consequences of not adhering to terms

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Review date

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Signatures

Young Person

Worker

Does the young person wish to appeal this: Yes/No

Outcome of appeal